

Resources

Academic Challenges:

- Study Behaviors
- Adjusting to College Level Work
- English Skills
- Study Environment
- Math Skills
- Underdeveloped Library Skills
- Poor Quality Feedback from Professors
- Writing Skills
- Time Management

Academic Resources:

- Academic Advisors/Peer Advisors: Academic Advising Resources (advising.ucmerced.edu)
- Instructor and TA Office Hours: Check course syllabus
- Peer Assisted Learning Support (PALS): Tutoring services in over 20 subjects (learning.ucmerced.edu/programs/tutoring - KL 201)
- Writing Center: All stages of writing and research for papers/essays/reports (wconline.ucmerced.edu - KL 260)
- Math Center: Tutoring for all math courses (mathcenter.ucmerced.edu - SSB 320)
- Chem Center: Tutoring for all chemistry courses (chemcenter.ucmerced.edu - SSB 330)
- STEM Resource Center: Tutoring for science, math, and engineering courses (stemresourcecenter.ucmerced.edu - AOA 114)
- Kolligian Library: Reference, Research, Study Spaces, Information Technology, Workshops, Printing (library.ucmerced.edu)

Registration, Billing, and Financial Challenges:

- Difficulty Paying for Expenses
- Financial Aid Issues
- Registration/ Enrollment Issues
- Billing Issues
- Finding Affordable Housing
- Transportation/Parking Issues

Registration, Billing, and Financial Resources:

- Students First Center: Financial Aid, Registrar, Student Billing (studentsfirst.ucmerced.edu - KL 122)
- Transportation and Parking Services (taps.ucmerced.edu – Facilities Services Building A)

Physical and Mental Well-Being Challenges:

- Feeling depressed, stressed, or upset
- Roommate issues
- Competing family responsibilities
- Food Insecurity
- Other Competing responsibilities
- Difficulty coping with expectations
- Difficulty with Relationships
- Health Issues
- Difficulty coping with changing values
- Accessibility Issues
- Safety/Emergency Situation

Physical and Mental Well-Being Resources:

- Counseling and Psychological Services (CAPS): Mental Health Counseling, Self-Care (counseling.ucmerced.edu - Reddy Health Center)
- Housing and Residence Life: Housing Communities and Residence Life (housing.ucmerced.edu - various on-campus locations)
- Reddy Health Center: Physical and Mental Health Services, Testing, Nurse's Clinic, Health Insurance (health.ucmerced.edu – Health Services)
- Gallo Recreation Center: Physical Fitness Programs, Athletics, Sports Clubs (recreation.ucmerced.edu - Gallo Recreation Center)
- Campus Advocacy, Resources and Education (CARE): Violence Awareness, Community, Prevention Programs (care.ucmerced.edu - KL 107)
- Student Accessibility Services: Academic Support and Accommodations (disabilityservices.ucmerced.edu - KL 222)
- Dean of Students: Student Support, Services, and Success (studentaffairs.ucmerced.edu - KL 113)
- University Police: Personal Safety, Property Security, Emergency Alerts (police.ucmerced.edu)

Supporting the Educational Journey of our Students

- Basic Needs Security: Food and Basic Need Assistance (basicneeds.ucmerced.edu - SSM 130)
- Health Promotions: Healthy Lifestyle Programs (health.ucmerced.edu – Reddy Health Center)

Community, Engagement, and Professional Development Challenges:

- Major Fit
- Career Uncertainty
- Difficulty Finding Opportunities
- Difficulty making new friends
- Feeling out of place on campus
- Second-guessing whether UC Merced was right choice
- Difficulty becoming involved in community

Community, Engagement, and Professional Resources:

- Center for Career and Professional Advancement: Career Assessments, Internships, Graduate School Prep (hire.ucmerced.edu - SSB 230)
- Undergraduate Research Opportunities Center (UROC): Faculty Mentored Research and Symposiums (uroc.ucmerced.edu - SSB 230)
- Office of Student Life/CatLife: Clubs, Organizations, and Student Programs (studentlife.ucmerced.edu - Granite Pass)
- Bright Success Center: Fiat Lux, Guardian Scholars, Services for Undocumented Students, STEP Program, Transfer, Returning and Veterans Program, Success Mentors (learning.ucmerced.edu - KL 222)

Miscellaneous or Other Challenges:

- Miscellaneous/Other Challenge: _____

Miscellaneous/Other Resource:

- _____

SMART Goals

