

Resources

Academic Challenges:

- Study Behaviors
- Adjusting to College Level Work
- English Skills
- Study Environment
- Math Skills
- Underdeveloped Library Skills
- Poor Quality Feedback from Professors
- Writing Skills
- Time Management

Academic Resources:

- Academic Advisors/Peer Advisors: Academic Advising Resources (advising.ucmerced.edu)
- Instructor and TA Office Hours: Check course syllabus
- Peer Assisted Learning Support (PALS): Tutoring services in over 20 subjects (learning.ucmerced.edu/programs/tutoring - KL 201)
- Writing Center: All stages of writing and research for papers/essays/reports (wconline.ucmerced.edu - KL 260)
- Math Center: Tutoring for all math courses (mathcenter.ucmerced.edu - SSB 320)
- Chem Center: Tutoring for all chemistry courses (chemcenter.ucmerced.edu - SSB 330)
- STEM Resource Center: Tutoring for science, math, and engineering courses (stemresourcecenter.ucmerced.edu - AOA 114)
- Kolligian Library: Reference, Research, Study Spaces, Information Technology, Workshops, Printing (library.ucmerced.edu)

Registration, Billing, and Financial Challenges:

- Difficulty Paying for Expenses
- Financial Aid Issues
- Registration/ Enrollment Issues
- Billing Issues
- Finding Affordable Housing
- Transportation/Parking Issues

Registration, Billing, and Financial Resources:

- Students First Center: Financial Aid, Registrar, Student Billing (studentsfirst.ucmerced.edu - KL 122)
- Transportation and Parking Services (taps.ucmerced.edu – Facilities Services Building A)

Physical and Mental Well-Being Challenges:

- Feeling depressed, stressed, or upset
- Roommate issues
- Competing family responsibilities
- Food Insecurity
- Other Competing responsibilities
- Difficulty coping with expectations
- Difficulty with Relationships
- Health Issues
- Difficulty coping with changing values
- Accessibility Issues
- Safety/Emergency Situation

Physical and Mental Well-Being Resources:

- Counseling and Psychological Services (CAPS): Mental Health Counseling, Self-Care (counseling.ucmerced.edu - Reddy Health Center)
- Housing and Residence Life: Housing Communities and Residence Life (housing.ucmerced.edu - various on-campus locations)
- Reddy Health Center: Physical and Mental Health Services, Testing, Nurse’s Clinic, Health Insurance (health.ucmerced.edu – Health Services)
- Gallo Recreation Center: Physical Fitness Programs, Athletics, Sports Clubs (recreation.ucmerced.edu - Gallo Recreation Center)
- Campus Advocacy, Resources and Education (CARE): Violence Awareness, Community, Prevention Programs (care.ucmerced.edu - KL 107)
- Student Accessibility Services: Academic Support and Accommodations (disabilityservices.ucmerced.edu - KL 222)
- Dean of Students: Student Support, Services, and Success (studentaffairs.ucmerced.edu - KL 113)
- University Police: Personal Safety, Property Security, Emergency Alerts (police.ucmerced.edu)

Supporting the Educational Journey of our Students

- Basic Needs Security: Food and Basic Need Assistance (basicneeds.ucmerced.edu - SSM 130)
- Health Promotions: Healthy Lifestyle Programs (health.ucmerced.edu – Reddy Health Center)

Community, Engagement, and Professional Development Challenges:

- Major Fit
- Career Uncertainty
- Difficulty Finding Opportunities
- Difficulty making new friends
- Feeling out of place on campus
- Second-guessing whether UC Merced was right choice
- Difficulty becoming involved in community

Community, Engagement, and Professional Resources:

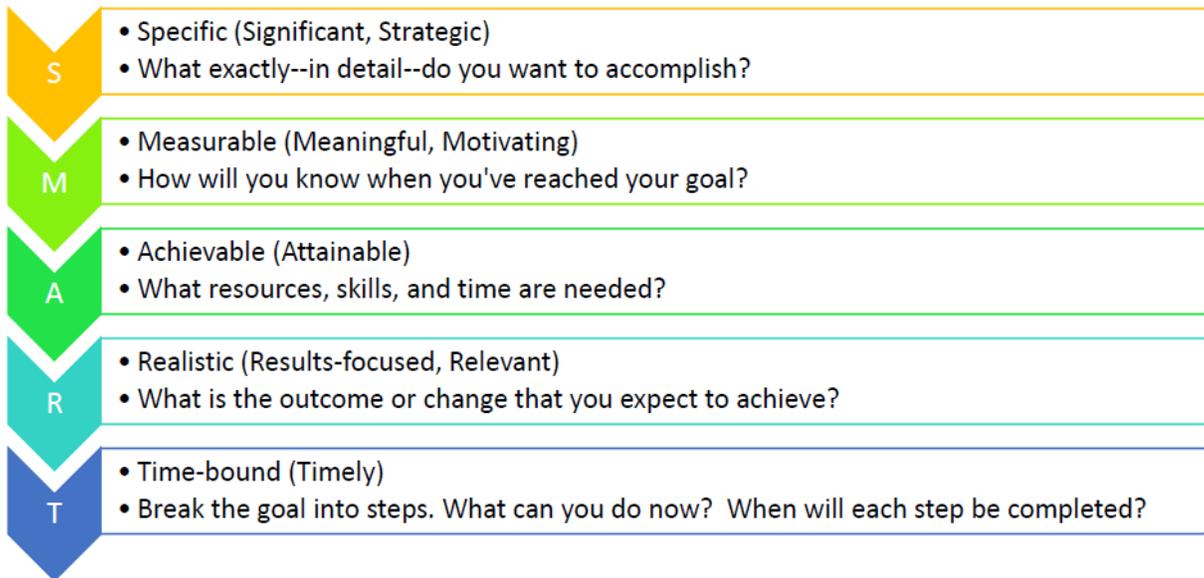
- Center for Career and Professional Advancement: Career Assessments, Internships, Graduate School Prep (hire.ucmerced.edu - SSB 230)
- Undergraduate Research Opportunities Center (UROC): Faculty Mentored Research and Symposiums (uroc.ucmerced.edu - SSB 230)
- Office of Student Life/CatLife: Clubs, Organizations, and Student Programs (studentlife.ucmerced.edu - Granite Pass)
- Bright Success Center: Fiat Lux, Guardian Scholars, Services for Undocumented Students, STEP Program, Transfer, Returning and Veterans Program, Success Mentors (learning.ucmerced.edu - KL 222)

Miscellaneous or Other Challenges:

· Miscellaneous/Other Challenge: _____

Miscellaneous/Other Resource:

SMART Goals



Please write down at least one (preferably two) SMART Goal(s) that you will use this term related to the challenges affecting your academics and the resources that can assist you. Need examples? Visit this resource: <http://advising.ucmerced.edu/resources/smart-goals>
